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HOW REIKI ENERGY CAN HELP DOGS IN MANY DIFFERENT WAYS

By: [Tim Link](#)

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 *Photo: Kevin Lowery Photography*

Photo: Kevin Lowery Photography

Reiki (pronounced ray-key) energy healing is a gentle, painless, yet powerful modality that works on animals and humans alike. I use Reiki on

many of my canine clients and have always seen wonderful results.

Reiki can be used in conjunction with all other holistic medical or therapeutic techniques as well as with traditional medical treatments to relieve side effects and promote recovery. It is a common misconception that Reiki energy is just for sick or injured animals. While Reiki energy can be used on a sick or injured dog, it can also be used as a preventative to any potential illness or ailment or to maintain the general well-being of a dog. Reiki sessions can also be done at any time of day or night.

Before selecting a Reiki practitioner, you would need to determine whether an in-person or remote healing session would be best for your dog. Of note is that Reiki can be done remotely only by a level three Reiki Master. To become a Reiki Master you first need to be attuned by an existing Reiki Master, learn all of the activation symbols and practice for many months or years to get comfortable and confident with the process.

However, a level one or level two Reiki practitioner can provide in-person, hands-on healing. Because Reiki consists of the same Universal Life Energy that makes every living thing alive, any living thing can be helped by Reiki energy. Reiki works throughout the body and each chakra to create a positive energy flow and remove any energy blockages that may exist.

Chakras exist throughout the body and are sometimes referred to as the main energy centers in the body. Chakra is a Sanskrit word which means "wheel of light". Humans have seven main chakras. Dogs have the same seven chakras plus one additional chakra known as the brachial chakra. The brachial chakra in a dog is the beginning point for clearing chakras in dogs. Each of the chakras regulates a specific area or areas of the body. However, all of the chakras work together to keep the body's energy aligned and flowing smoothly. When there is a physical or emotional problem within the body, the chakras will become blocked and energy will not flow properly. Which chakras are blocked will depend on the area(s) of the body affected. Until the chakra is cleared of its blockage, the issue will remain.

During a Reiki healing session, the dog may become very relaxed and sometimes will fall asleep. Other times, the dog will become invigorated and energized after the session has concluded. Each dog will react in a way that the Reiki energy best suits them. A Reiki energy session can be as short as five or ten minutes in length or as long as an hour or more. The length of the session depends on how much healing the dog feels it needs.

Once the dog has absorbed all of the energy it feels it needs, it will walk away. Often, in my experience, before walking away, the dog will give me a sign of affection as a way to say, "Thank you". This has usually taken the form of a 'nose nuzzle', 'love lick' or 'love nibble'. Of course, I miss out on all the wonderful dog nuzzles, licks of affection and nibbles if I'm providing the Reiki session remotely.

When I perform an in-person Reiki session, I will ask the client to have their dog in their most relaxing or favorite room. I want to make sure their dog is comfortable, relaxed and familiar with their surroundings. They don't need to hold their dog in place or force them to stay on a bed or table. The Reiki energy will flow throughout their dog no matter where they are in the room. Often, they will lie beside me and allow me to gently move or place my hands over various parts of their body.

Reiki energy can be given to your dog in regularly scheduled intervals or as needed. Because it is a gentle and non-invasive energy modality, it can be used safely with any animal no matter the age, size or breed.

Recently I provided Reiki for my client's dog that was suffering from a chronic ear infection. The veterinarian prescribed some ear ointment that needed to be placed in both ears of their dog twice a day for two weeks. This can be a real challenge when a dog is not feeling well and doesn't want you to touch it, let alone place a greasy ointment in its ears. I provided Reiki for their dog each day in order to support the dog's physical healing as well as to provide a calming energy for their dog. This allowed their dog to stay calm during each of the twice-daily ointment treatments and their dog accepted them doing the treatments by lying still during these times.

Using Reiki as a complimentary therapy at a veterinarian's office is an excellent way to help ease the increased stress level your dog may experience while at the office. Reiki can also help your dog heal emotionally and physically from any treatments that may have to be performed once you return home. If your dog has had surgery, Reiki can help the overall healing process. I work with several veterinarians, both remotely and at animal hospitals, to assist dogs during the office visit and after the dog returns home.

When I perform a Reiki session at a veterinarian's office or off-site location, I will try to make the room as comfortable as possible. I dim the lights, provide a comfortable bed for them to lie in if they wish and maybe softly play meditation music. It is important that everyone is open to the energy healing and remain relaxed. This includes the dog, their human companion and me.

Another practical use for Reiki is to assist with separation anxiety that a dog may experience when you're away from home and they're left at home or boarded away from their home. Many of my clients use my Reiki services in this fashion, even if their dog is doing well otherwise. As a side benefit, knowing that their dog is calm while they are away, it helps ease the mind of the human companion while they're traveling. When they arrive home, they find their dog to be well-adjusted and at ease. No longer do they worry about the dog's routine being changed or any unexpected behaviors transpiring while they're away.

Providing Reiki on a regular basis for your dog will help your dog stay emotionally, mentally and physically strong and happy.

Please keep in mind that Reiki is typically used as a complimentary therapy and is not a substitute for veterinary care if your dog is sick or injured.

Tags: *dog wellness, holistic treatment, holistic vets, reiki, reiki energy healing*



POSITIVELY EXPERT: TIM LINK

Tim Link is the host of the nationally syndicated radio show "Animal Writes" on Pet Life Radio. He is an internationally recognized animal expert, communicator, and consultant. As part of his passion for helping animals, Tim has also mastered Reiki - an ancient art of energy healing - which he uses on animals.

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2 THOUGHTS ON "HOW REIKI ENERGY CAN HELP DOGS IN MANY DIFFERENT WAYS"

- 1.  *Talking to Animals*
September 29, 2016 at 7:38 am

You mention that only reiki masters can send distant reiki healing, but as far as I know that comes with level 2. I was given the distant healing symbol at level two and shown how to send the reiki over distance. The reiki I learnt is the traditional Usui system so perhaps there is an error in this article?

EXPAND COMMENTS ◊

